

Time to reflect...

**Jesus took a loaf of bread, and when he had given thanks,
he broke it, and gave it to them, saying,
“This is my Body which is given for you...
do this in remembrance of me.
And he did the same with the cup after supper, saying,
“This cup, poured out for you,
is the new covenant in my blood.”**

Luke 22:19-20

**“...celebrating and adoring the Eucharist,
should transform us into people
that go out to serve
and to be in solidarity with others...
to share the little we have,
and never to be closed in on ourselves.
In the mystery of the Eucharist...
Jesus reminds us that following him
means getting outsidess of ourselves,
and making our lives into, not our own possession,
but a gift to him and to others...**

Pope Francis – Corpus Christi June 2013

**The Incarnation is still going on.
The Word is still becoming flesh and living among us.
Along with the community of believers,
the Eucharist is God’s physical presence,
God’s *real* presence in the world.
In the Eucharist, the Word continues to become flesh.
*One great act of fidelity .- Ronald Rolheiser***

*~Godhead here in hiding, whom I do adore,
masked by these bare shadows, shape and nothing more.
See, Lord, at thy service, low lies here a heart,
lost all lost in wonder, at the God thou art.*

*~Lord, I know I am not worthy to receive you,
you speak the words and I am healed.
Here at your table, love’s mystery,
one bread, one cup, one family
Bread of life, truth eternal, broken now to set us free .
The Risen Christ, his saving power,
is here in bread and wine for me.*

*~Eat this bread, drink this cup,
come to me and never be hungry.
Eat this bread, drink this cup,
trust in me and you will not thirst.*

*~The bread that I will give,
is my flesh for the life of the world.
And if you eat of this bread,
you shall liver forever...*

*~Bread for the world, a world of hunger;
wine for all people, people who thirst.
May we who eat, be bread for others;
may we who drink, pour out our blood.*

*~Will you let me be your servant,
let me be as Christ to you?
Pray that I may have the grace
to let you be my servant, too.*